



QUARTER 1 HIGHLIGHTS

JANUARY-MARCH 2026



OUR QUARTER 1 IMPACT

850

Young and Adolescent girls and boys reached through our SRHR mentorship sessions



12

Young Grls empowered with Basic technology Skills



4

TechforGirls Sessions conducted



Amani Liberty Initiative

Empowering Generations For a Sustainable Future.

SRHR MENTORSHIP

- **850** Young people
Mentored during these
sessions
- **4** Rural Schools
equipped with SRHR
educational tools
- **12** young people
become peer mentors



Areas Covered

- Menstrual health
- Myths Associated with
Menstruation
- Self-Awareness
- Decision making &
Emotional skills
- Social skills





Amani Liberty Initiative

Empowering Generations For a Sustainable Future.

With Support from Partners Like Swedish Organization Flowgirl, we use Teen-Time booklets during the SRHR sessions to teach Menstrual Hygiene Practices



We ensure young people have access to accurate age-appropriate information on Menstruation, Puberty and Self-Confidence and How to tackle the challenges experienced in teen-hood



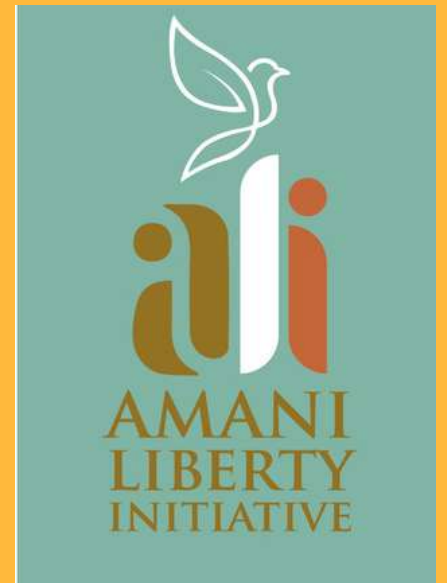
We HELP

- Reduce Shame
- Promote Confidence
- Improve Self-Esteem



Amani Liberty Initiative

Empowering Generations For a Sustainable Future.



We Distributed over 800+ Sanitary pads to young underprivileged girls to help them stay in school

International Women's Day Celebrations

During the International Women's Celebrations in March, Our Executive Director Salome Odhiambo was recognized by Africa Matters Initiative for her Efforts to Keep Girls in School using SRHR Advocacy

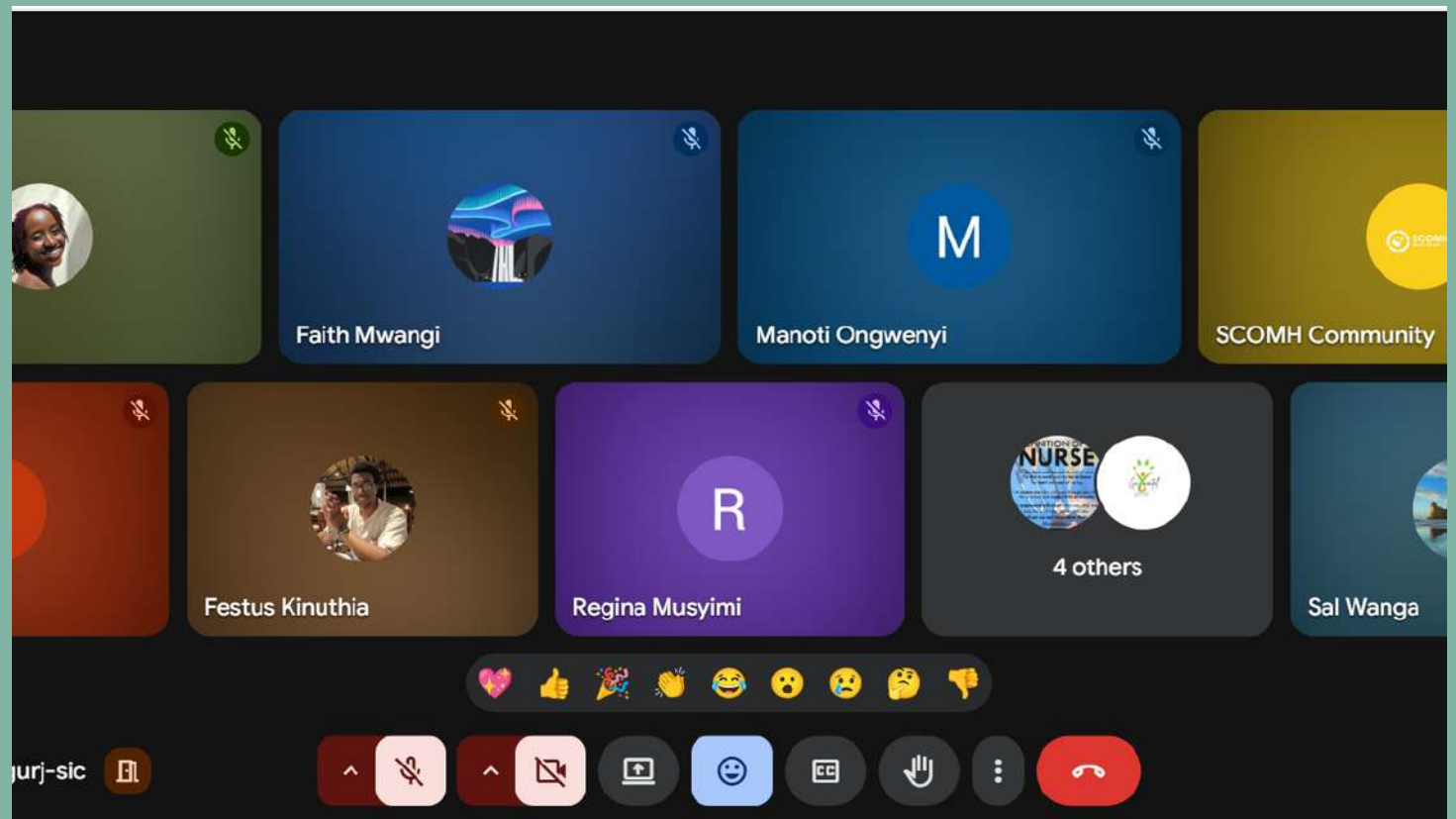


Offered Pscho-social support to young girls



Amani Liberty Initiative

Our Executive Director, Salome Odhiambo was a Speaker at a Mental health Webinar Organized by Students Council for Mount Kenya University



Learnings

- Importance of Mental health education for University Students
- How to Identify stress among University Students
- How to cope with stress in school

40

Participants took part in the Webinar

MENTAL HEALTH AWARENESS MONTH

FROM ADVOCACY TO AWARENESS WEBINAR

SALOME ODHIAMBO
Executive director
Amani liberty initiative

FARAJA KIHEO
Founder
The Balanced Bliss

DEREK MURIUK
ALO SCOMH

SPEAKER **SPEAKER** **MODERATOR**

Friday 29th May 2026
7.30pm -8.30pm

ALI **SCOMH** **MSAKE** **WIKUMSA**

Amani Liberty Initiative

- **12** Girls Participated in TechforGirls
- **850** Young People in SRHR Mentorship
- **19** Young Boys in SportsforBoys



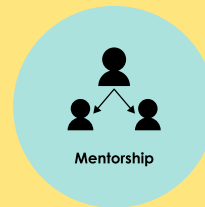
Projects



TechforGirls



Collaboration



Mentorship



SportsforBoys

